



RAYS OF LIFE
FOUNDATION

QUARTERLY IMPACT SYNTHESIS

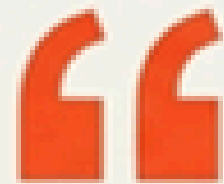
Nurturing Dreams, Empowering Lives

A comprehensive review of

Project Sapno Ki Udaan

(Jan-Mar 2026)

Helping children dream big-one step at a time



The January to March quarter has been filled with meaningful learning experiences, joyful milestones, and powerful collaborations. Children are growing not only in knowledge but in confidence, discipline, and self-belief. These achievements are possible because of unwavering support and trust."

- **Sundar Iyer, Director**



Joyful Milestones: Advancing digital confidence and reading habits via the Story Library.



Powerful Collaborations: Partnering with ConnectFor, Suryoday Trust, and the NDF Walkathon.



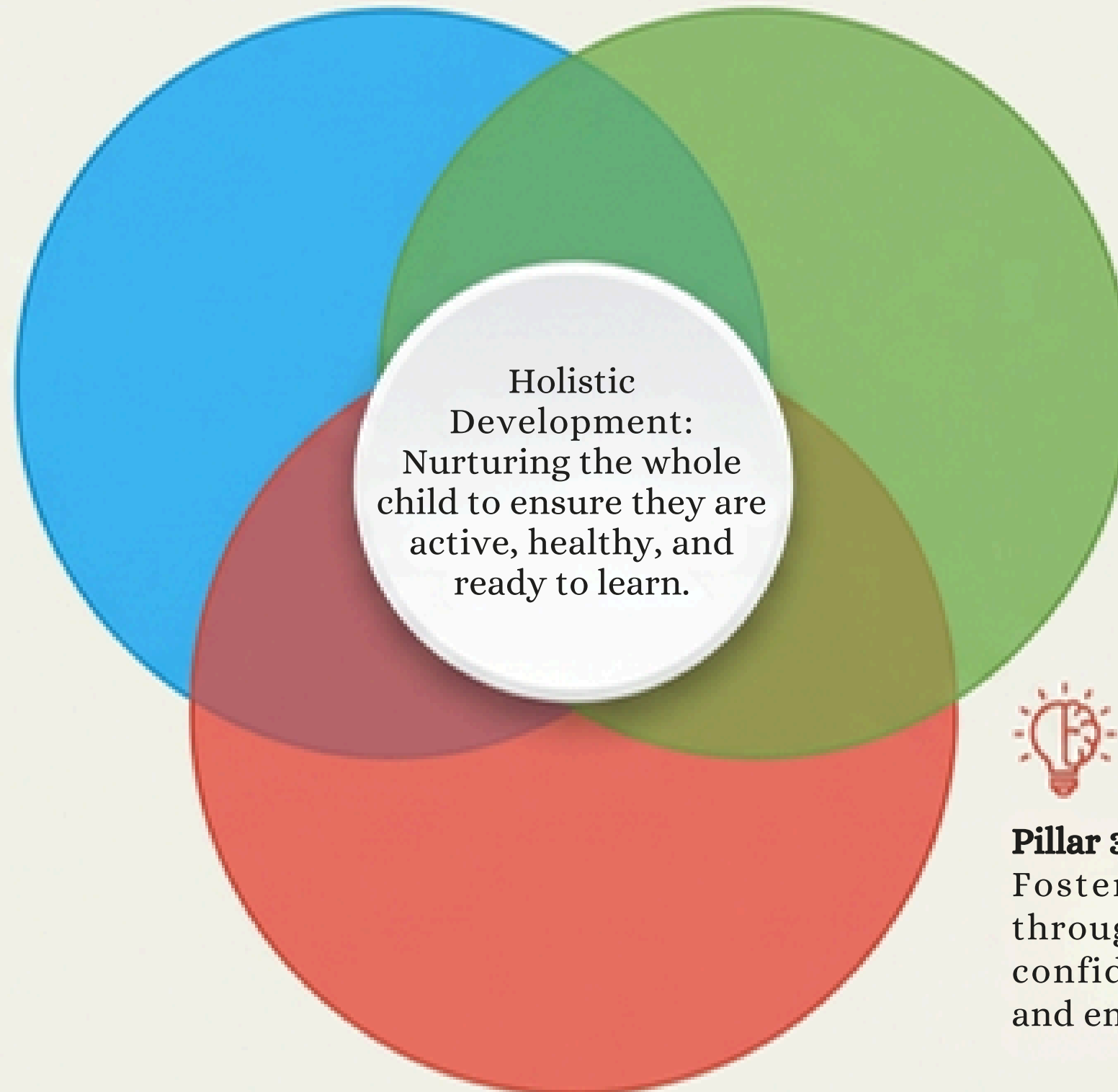
Community Spirit: Introducing students to teamwork, social awareness, and active citizenship.

The 360° Care Model



Pillar 1: Quality Education

Providing structured SSC curriculum learning (Class I to XI). Bridging the gap from basic literacy to essential numeracy skills.



Pillar 2: Nutrition & Hygiene

Supporting physical well-being with wholesome, nutritious daily meals and a strong emphasis on continuous hygiene practices.



Pillar 3: Empowering Life Skills

Fostering independence and resilience through interactive sessions on confidence building, problem-solving, and emotional well-being.

Quality Education: Beyond the Textbook

The Evidence: Connectfor.org English Camp

The Baseline

- **Scope:** Consistent academic support for primary and secondary students (Class I to XI).
- **Focus:** Building strong foundations in literacy and numeracy to prepare students for upcoming board exams.



The Intervention:

An interactive, fun-filled English Camp designed to improve basic communication skills.



The Method:

Utilising games, storytelling, and group exercises to replace rote learning with active participation.



The Result:

Students gained the confidence to speak, understand English, and express themselves freely in a positive environment.



The Creative Pipeline: Little Authors, Big Dreams

A special collaboration with
Connectfor.org
transforming students into young
authors.

1. Exploration:
Brainstorming
imagination and
generating
character concepts.

2. Structuring:
Organising
thoughts and
developing
narrative plots.

3. Creation:
Illustrating scenes
and writing stories.

4. Realisation:
Holding the
tangible, finished book



"This initiative didn't just strengthen reading and writing-it proved to every child that their story is worth telling."

Nutrition & Hygiene: Breaking Taboos, Building Health

Alongside our daily nutritious meals, this quarter featured highly targeted interventions.

Targeted Interventions in Menstrual Health

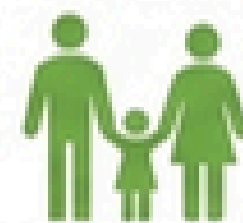


The Adolescent Campaign

- **Audience:** Adolescent Girls.
- **Focus Area:** Practical hygiene, proper usage/disposal of sanitary pads, nutrition, and self-care.

Key Action: Distribution of sanitary hygiene kits.

Outcome: Fostered a safe space for girls to ask questions, leaving them confident and equipped with essential resources.



The Holistic Workshop (with Rotaract Club Borivali)

- **Audience:** Girl Students & Their Parents.
- **Focus Area:** Age-appropriate reproductive health education and breaking deep-rooted social stigma.

Key Action: Addressed myths and misconceptions directly with families.

• **Outcome:** Engaged parents to create a supportive, informed environment at home, ensuring dignity extends beyond the classroom.



Empowering Life Skills: Fostering Active Citizenship

26th January — Republic Day Celebration

The Event:

Flag hoisting, patriotic songs, and student speeches.

The Underlying Lesson:

Beyond celebration, the day was utilised to teach the fundamental values of the Constitution.

UNITY

EQUALITY

FREEDOM

The Impact: Created a profound sense of pride and belonging, reinforcing to the children that they are the capable, responsible future of the nation.

The Shift in Perspective: From Participants to Advocates Sapno Ki Udaan Children at the NDF Walkathon

State A:
Beneficiary
(Traditional NGO dynamic)

The Catalyst: Stepping outside their
routine to walk for children with
intellectual disabilities.

State B:
Community Advocate
(Empowered,
compassionate citizens)



This experience went beyond physical activity. Our children stepped forward to support the cause of inclusion, learning that everyone deserves equal opportunities to learn, grow, and thrive. They walked with confidence, empathy, and a deep sense of social awareness.



The Power of Proximity: Donor Visit Virbac Animal Health India Pvt. Ltd



- ✔ We were delighted to welcome our generous donors to the centre, providing a transparent, on-the-ground view of their impact.
- ✔ Children enthusiastically showcased their learning through direct conversations and classroom participation.
- ✔ These interactions are vital-they strengthen the bond with our supporters and provide the children with immense validation and encouragement.



Bridging the Gap: Q1 Impact to Q2 Roadmap

Q1 Verified Outcomes (Impact)

- • Consistent, daily school attendance achieved for enrolled children.
- Basic health and hygiene awareness successfully integrated.
- Students demonstrating newfound extroversion, enthusiasm, and focus on basic numeracy/literacy.
- Strong collaborative network established for specialised activities.

Q2 Strategic Objectives (Future Plan)

- Expansion: Identifying and enrolling new students as our first batch of 10 prepares to move out.
- Academic Push: Targeted preparation for upcoming Board Exams.
- Skill Diversification: Adding interactive storytelling, creative writing, painting, arts & crafts, and basic computer literacy.
- Future Readiness: Implementing active career counselling to align with individual student interests.

Powered by Our Community

Your contributions continue to fuel our mission.

Aditya Arora

Amit Mittal

Anusuya Prashant Balel

Bhagyashree Thorawade

Dhaval Doshi

Nitiin R Sonar

Pritesh Vilas Rajpurkar

Ramachandra Subramanian

Sajeev George Arimpir

Rakesh Rawal

Ramadesikan Srinivasan

Sameer Narendra Momaya

Shivpati Mishra

Union Bank of India

Virbac Animal Health India Pvt Ltd

Leadership & Governance



Mr. Sachin Rajee
Ex CFO of Teleperformance India.



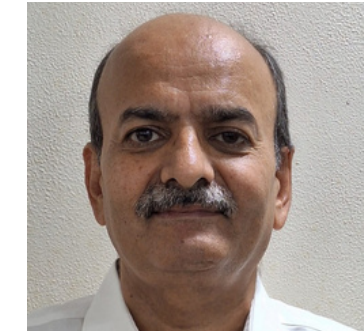
Mr. Sundar Iyer
EX CFO & Director for Henkel India.



Mr. Pratiq Shah
Partner Deloitte Haskins & Sells LLP



Ms. Dr. Anjali Deshpande
physiotherapist



Mr. Deepak Kanabar
Founder at DN Kanabar & Co, CA

Meet Our Members



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Accomplished Management
Professional



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Practicing Chartered Accountant



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Management Team



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Mrs. Harshali Jagtap
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Ms. Ruddhi Rasane
Teacher

Support the Journey

Bank Transfer Details

Name: Rays of Life Foundation

Bank: ICICI Bank

Branch: Ganapati Tower, Thakur Village,
Kandivali East, Mumbai 400101

Account No: 026705004758

IFSC Code: ICIC0000267

Connect With Us

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Thank you for helping them fly.

**With your continued encouragement, we can reach more children,
help them dream bigger, and thrive with confidence.**